PISCINA DE SAR DO 1 AO 15 DE XULLO

		7:00	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00
		0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45
LUNS	R1																
	R2																
	R3																
	R4																
	R5																
	R6																
	R7																
	R8																
	Vaso ap.																

		7:00	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00
		0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45	0 15 30 45
MARTES	R1																
	R2																
	R3																
	R4																
	R5																
	R6																
	R7																
	R8																
	Vaso ap.																

		7:00	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00
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MÉRCORES	R1																
	R2																
	R3																
	R4																
	R5																
	R6																
	R7																
	R8																
	Vaso ap.																

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XOVES	R1																
	R2																
	R3																
	R4																
	R5																
	R6																
	R7																
	R8																
	Vaso ap.																

		7:00	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00
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VENRES	R1																
	R2																
	R3																
	R4																
	R5																
	R6																
	R7																
	R8																
	Vaso ap.																

		7:00	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00
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SÁBADO	R1																
	R2																
	R3																
	R4																
	R5																
	R6																
	R7																
	R8																
	Vaso ap.																

	Natación C.S.		Waterpolo Santiago
	Triatlón Santiago		Triatlón Compostela